

# Workshops in Mental Health Skills Training and CPD for General Practitioners



Places  
Strictly  
Limited

## Mental Health Assessment and Management: How to develop a GP mental health plan, safety plan and review

### Two day workshop

**DATE:** Sat 1 - Sun 2 July 2017  
**LOCATION:** HETI North Parramatta Campus  
**COST:** \$627  
**QI&CPD:** 40 Points (Category 1)  
**GPMHSC approved for Mental Health Skills Training (MHST)**



The Mental Health Assessment and Management workshop is a two day workshop that aims to develop skills in comprehensive mental health assessments, management planning and review process, derived from the patients' experiences of illness and is based on a recovery-focused model. It provides a context for mental health in Australia and an overview of patient barriers to accessing mental health services. Participants benefit from an interactive experience with experts from psychiatry, general practice, trauma-focused care, addiction medicine, justice health, along with shared perspectives from Carer and Consumer representatives.

### Who should attend?

General Practitioners and AGPT registrars who require GP Mental Health Skills Training (MHST) or a comprehensive update of skills.

### Components:

Day 1: Mental health assessment and formulation;  
Day 2: Risk assessment and complexity in mental health assessment and management (see adjacent).

## Risk Assessment and Complexity in Mental Health Assessment and Management

### One day workshop (a component of the two day workshop)

**DATE:** Sun 2 July 2017  
**LOCATION:** HETI North Parramatta Campus  
**COST:** \$265  
**QI&CPD:** 40 Points (Category 1)

The risk assessment and complexity in mental health assessment workshop is a one day workshop that aims to develop skills in risk assessment; identifying complexity of care; provide introduction to management and treatment planning, including development of a safety plan and review process. This is derived from the patients experiences of illness and based on a recovery-focused model. Participants learn in a collaborative and interactive forum facilitated by experts from psychiatry, general practice, trauma-focused care, addiction medicine, and justice health, along with shared perspectives from Carer and Consumer representatives.

### Who should attend?

General Practitioners and AGPT registrars. This workshop is targeted to those who have already completed their GP Mental Health Skills Training (Level 1) and require additional mental health CPD.

### TO BOOK A WORKSHOP OR FOR MORE INFORMATION:

**Visit:** [www.heti.edu.au/gpworkshop](http://www.heti.edu.au/gpworkshop)  
**Email:** [info@heti.edu.au](mailto:info@heti.edu.au)



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To find out more about the GP Workshops in Mental Health Skills or to learn more about HETI Higher Education, go to:

[www.heti.edu.au](http://www.heti.edu.au)