



UNSW  
SYDNEY



Microbiome  
Research  
Centre

Will you be **adding to your family** in the next year?

Are you **interested in your microbiome**, and the impact it might have on the **health of your children**?

# This is your invitation to join The MothersBabies Study!



The Microbiome Research Centre, UNSW Sydney wants to find out how our pre-pregnancy lifestyle impacts health outcomes, and how we can change our microbiomes for the better - not just for us, but for our children too! We are currently inviting all women and their families in NSW, who are planning to conceive within the next 12 months, and will have all their pregnancy care within NSW, to participate in this groundbreaking study!

There is no intervention - we conduct a health assessment every 3 months until baby is born (once baby is born these are more regular so we can assess their health too) and ask you to provide us with microbiome samples (stool, urine, blood, skin, oral & vaginal for mum | stool, urine, oral & skin for baby). Partner's can provide a one-off sample at your first visit too, to see if their microbiome interacts with yours!

You can sign up at [https://is.gd/MRC\\_MothersBabiesStudy\\_SignUp](https://is.gd/MRC_MothersBabiesStudy_SignUp), by scanning the QR code, or by emailing the research midwives at [mothersbabies@unsw.edu.au](mailto:mothersbabies@unsw.edu.au).

To speak directly with a research midwife, call 02 9113 1832 during regular business hours.

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