



HERE ON  
**LEVEL 1**



HERE  
FOR  
HEALTH

**HERE  
FOR  
SUBSTANCE  
SUPPORT**

# Do you want to have more control over your drug or alcohol use? Cut down? Take a break? Quit?

Our FREE Substance Support Service for the LGBTI community provides compassionate, specialist alcohol and drug counsellors to assist you.

- Face-to-face in Surry Hills, Newcastle & Lismore (12 sessions)
- Phone and skype counselling available across NSW
- Sterile injecting equipment and harm reduction information
- Referrals to other support services or treatment if required including ACON's Care Coordination Service
- Access to St Vincent's Stimulant Health Check service
- Support for partners, family & friends

➤ [acon.org.au/substance-support](https://acon.org.au/substance-support)

Check out the self-assessment tool at [pivotpoint.org.au](https://pivotpoint.org.au)

For all enquiries please call 02 9206 2000.

**This is a FREE and CONFIDENTIAL service.**

This program is funded by Central and Eastern Sydney PHN and Sydney North PHN

