

THE EMOTIONAL IMPACT

It is natural to experience some anxiety when you have bleeding or pain in your pregnancy. You may wonder about the health of your baby or losing your pregnancy. In the tragic event of a miscarriage there is counselling and support available in the hospital as well as through various support organizations.

Support and Information:

Royal Prince Alfred Hospital Social Work Department. Phone 9515 6111 and ask to page the Women and Babies social worker

'*Healthdirect*' Australia 1800 022 222
24 hour government health information and advice line.

Pregnancy, birth & baby helpline
1800 882 436
Confidential information, support and counselling 24 hours

SIDS and Kids NSW 1800 651 186
Bereavement support around miscarriage

- www.miscarriageassociation.org.uk
- www.earlypregnancy.org.uk
- www.ectopic.org.uk

PUBLIC TRANSPORT

Bus 412 stops on Missenden Rd outside the hospital.

PARKING

Parking is very difficult; there is limited meter parking on the street.

Private car parks charge a fee. Exact coins are required as no change is given.

Parking is available for disabled drivers by contacting the main security gate nearest to the Emergency Department.

Early Pregnancy Assessment Service
RPA Women and Babies Ambulatory Care
Royal Prince Alfred Hospital
Building 89, Level 5
Missenden Road, Camperdown NSW 2050

RPA WOMEN AND BABIES

EMERGENCY DEPARTMENT



ROYAL PRINCE ALFRED
HOSPITAL
A tradition of excellence since 1882

Early Pregnancy Services at RPA Emergency Department and RPA Women and Babies

The **Early Pregnancy Unit (EPU)** is located in the **Emergency Department** of RPA Hospital and is for women less than 20 weeks pregnant. The Emergency Department is available 24 hours a day and they will refer women to specialist Obstetric and Gynaecology staff in the Early Pregnancy Assessment Service (EPAS) **as appropriate**.

The Early Pregnancy Assessment Service (EPAS) at RPA Women and Babies is a special outpatient clinic designed to look after women with **vaginal bleeding and/or abdominal pain in early pregnancy**. It is only for women who are well enough to be looked after as outpatients.

Please go immediately to the RPAH Emergency Department if you have any of the following symptoms:

- Heavy vaginal bleeding, gushes of blood or clots of blood
- Dizziness, fainting or collapse
- Severe abdominal pain

WHERE IS EPAS?

Womens and Babies Ambulatory Care Outpatients Clinic

Level 5

RPA Women and Babies
Royal Prince Alfred Hospital
Missenden Rd,
Camperdown NSW 2050

EPAS CLINIC

A doctor or midwife consultant will see you and assess if you require further investigations such as blood tests and ultrasounds. It may take several hours for all results to be available.

Arrive at 7.30 am

Monday – Friday (excluding Public Holidays)

You should arrive at the clinic at 7.30 am.

As there are no appointments, you are seen in order of arrival and waiting times will vary.

If you need to be seen on a weekend or after clinic hours you must go to the Emergency Department.

WHAT SHOULD YOU BRING WITH YOU?

- Blood test results performed during the pregnancy (in particular your **blood group**)
- Previous Ultrasound Reports

ULTRASOUND SCAN

(Fetal Medicine Ultrasound Dept)

Ultrasound is available for EPAS patients in the Fetal Medicine Ultrasound Department between **8.00 am – 10.30 am**. Ultrasound scanning works better with an empty bladder.

A “transvaginal” ultrasound may be performed which involves placing an ultrasound probe into the vagina. This is to allow good views of the ovaries and the uterus. This type of ultrasound is not normally painful and does not harm the baby.

BLOOD TESTS

The blood tests performed may include measurements of pregnancy hormones, a full blood count and your blood group. These tests help to establish whether the pregnancy is proceeding normally or if you need special treatment due to your blood group.

It is important to know your blood group during pregnancy. If you are a “negative “ blood group i.e. Rhesus negative, you may need an injection of Anti D Immunoglobulin to prevent complications that can arise after bleeding in pregnancy. If you are found to be Rhesus negative the staff will discuss this with you further.

WHAT HAPPENS AFTER THE TESTS?

The doctor or midwife will see you again and explain the results. The results and a letter will be faxed to your GP. Any follow up required will be explained to you before you leave the clinic.