

Foot Care Referral Pathway – Sydney Local Health District

Normal feet, Inability to provide self care (eg. Frail elderly, vision impaired, disabled)

- Private podiatry care or
- If >65, consider referral via My Aged Care for frail elderly (www.agedcare.gov.au Phone: 1800 200 422)
- NDIS eligible clients may include podiatry in plan.

Foot pathology and LOW RISK OF ULCER / AMPUTATION (eg. Localised callus)

- Private podiatry care, MyAgedCare or NDIS depending on eligibility or
 - Refer to SLHD Podiatry hospital-based care if clinically indicated.
- Podiatry Central Intake Ph: 97677395 Fax: 97675297 or Email slhd-podiatry@health.nsw.gov.au
- Note: SLHD podiatry prioritises patients on the basis of foot risk status, indigenous status, place of residence and relevant co-morbidities including mental health problems, end stage renal disease and financial disadvantage.*

MODERATE to HIGH RISK of ULCER/ AMPUTATION (Diabetes and past ulcer, PAD, loss of sensation or deformity)

- Refer to a private podiatrist OR
- Refer to SLHD Podiatry if hospital-based as indicated (details above)

Diabetes and FOOT ULCER, FOOT INFECTION or SUSPECTED CHARCOT Neuroarthropathy*

- **Urgent referral to a High Risk Foot Service**
 - **RPA Diabetes Centre.** Patients with diabetes only. Phone direct and fax a written referral letter .
Telephone 95155888 Fax 95155820 **OR**
 - **Concord Hospital.** Phone direct and fax or email written referral letter. Telephone 97677395 Fax 97675297 or
Email slhd-podiatry@health.nsw.gov.au
- Note: Concord HRFS also accepts referrals for people **without** diabetes who have complex foot ulceration*

INFECTION with ascending cellulitis or systemic signs/symptoms of SEPSIS or PULSELESS FOOT (critical ischaemia)

- Send patient immediately to the Emergency Department for assessment and likely admission