



# CALL FOR ABSTRACTS

## Rethinking Mental Health Forum 6.0 – A Whole of Health Approach

The Rethinking Mental Health Forum provides a platform for health and community service providers, people with a lived experience and carers to discuss the latest innovations in mental health and wellbeing. This annual event is organised by Central and Eastern Sydney PHN.

**CESPHN ARE SEEKING PRESENTERS FOR THE FORUM THAT ARE IN LINE WITH THE THEME:**

### *‘A Whole of Health Approach’*

We are on the hunt for speakers who are knowledgeable, engaging and passionate about innovations in mental health. We are looking to INSPIRE and EDUCATE our audience by sharing the latest industry updates, discussing best practice in mental health and exploring meaningful stories and experiences.

## ABOUT THE FORUM

**THEME:** A Whole of Health Approach to Mental Health

**WHEN:** 9am-5pm: Thursday 7th November 2019

**WHERE:** Pullman Hotel, 191 O’Riordan Street, Mascot NSW 2020

## TOPICS



### Lifestyle Interventions to Improve Mental Health and Wellbeing

Areas of focus: social prescribing, loneliness, physical health and exercise, diet, stress reduction, functional recovery.



### Aboriginal Health and Wellbeing



### Drug and Alcohol



### NDIS Success Stories and Navigation Journeys



### **Innovative Approaches to Supporting Vulnerable Community Members**

Communities in Focus: Culturally and Linguistically Diverse, LGBTIQ, Older Persons, People with Disabilities, Homelessness, Children and Youth.



### **Consumer Driven Care**



### **Suicide Prevention**



### **Open Topics**

For open topics, we encouraged you to submit abstracts for innovative topics that are not identified but you believe will bring value to the forum.

## **GUIDELINES FOR SUBMISSIONS**

### **SUBMISSIONS MUST INCLUDE:**

- Your full name
- Your profession
- A summary of your experience in your field
- Title of your presentation
- An abstract, detailing the topic of your presentation
- Presentation Style (Snapshot or Workshop)
- A high-resolution headshot (for the program)
- Overview of any professional speaking experience you may have (not mandatory)
- The word limit for submissions is 600 words maximum

## **PRESENTATION STYLE DESCRIPTIONS**

### **SNAPSHOT Q&A**

Presentation of a 10-minute 'Snapshot' that engages with one of the Rethinking Mental Health 6.0 themes. Your presentation will be delivered alongside 2 other snapshot presentations which fit under the same topic.

**Session Length:** 30 minutes in total and followed by 15 minute audience Q&A.

### **WORKSHOP**

Facilitation of a 25-30-minute workshop. This should include an interactive component and a focus on translation into practice.

**Session Length:** 30 minutes

## **CONSIDERATIONS FOR YOUR ABSTRACT**

- When writing your abstract, please consider the angle of your presentation. What is your unique viewpoint? What questions does it raise? What topical issue is it tackling? It could include: service models, research, innovative practice, success stories, integration and collaborative approaches.

## **HOW TO SUBMIT YOUR APPLICATION**

**PLEASE SUBMIT YOUR ABSTRACT APPLICATION BY [CLICKING HERE](#).**

**DEADLINE FOR SUBMISSIONS - 5PM FRIDAY, 28 JUNE 2019.**

If you have queries or would like further information on the submission process, please email [rethinking@cesphn.com.au](mailto:rethinking@cesphn.com.au)

Once we received your submission, CESPHN will review all submissions and will notify applicants by **29 July 2019**.