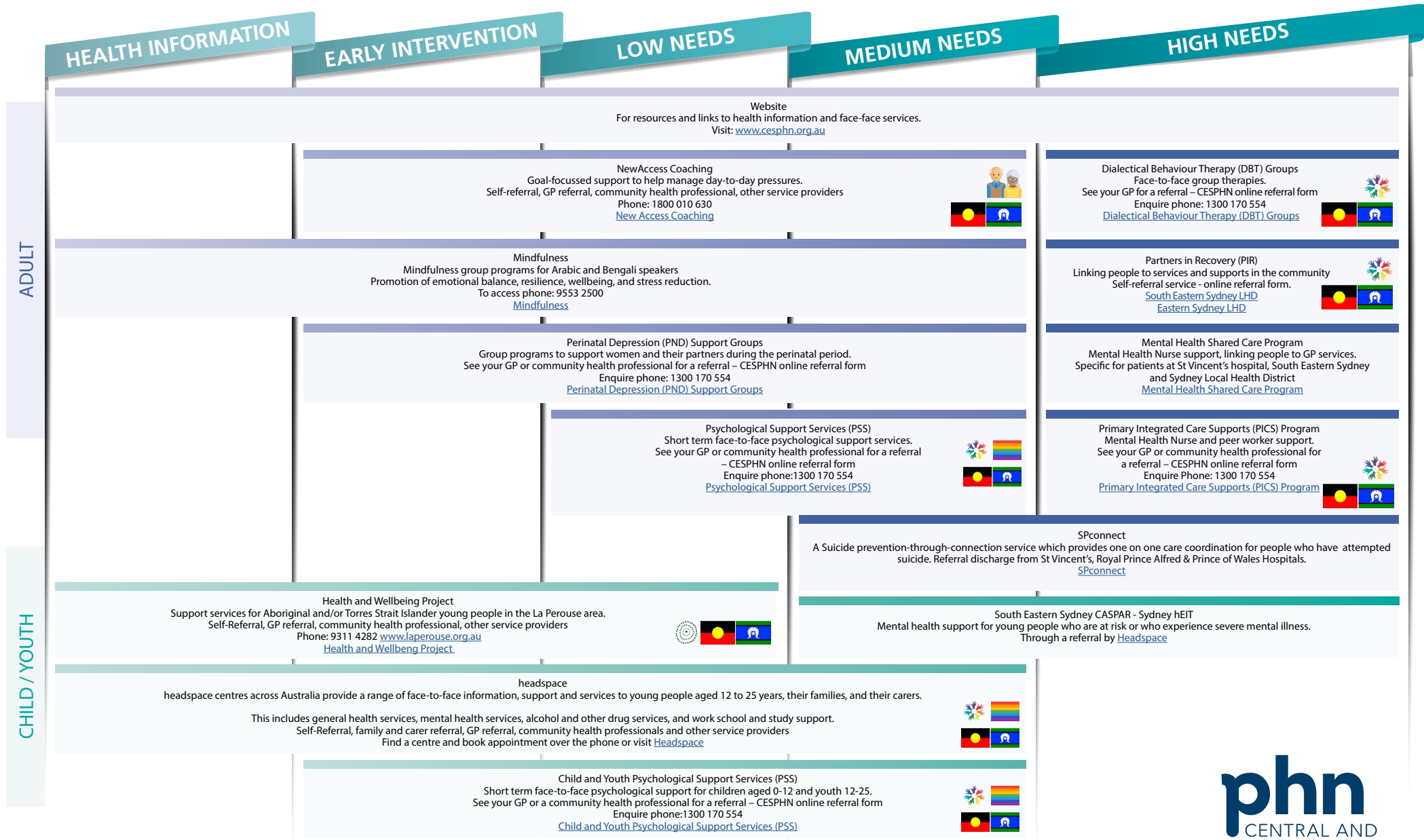




CENTRAL AND EASTERN SYDNEY PHN'S COMMISSIONED SERVICES

Mental Health and Suicide Prevention Services - Community Guide


The services outlined below do not provide crisis support. If you or someone close to you is experiencing distress or is in immediate danger dial 000




 Indicates additional specific services for Aboriginal and/or Torres Strait Islander peoples

 Indicates additional specific services for residents of aged care facilities

 Indicates additional specific services for LGBTIQIA communities

 Indicates additional specific services for culturally and linguistically diverse peoples (languages other than English)

 Indicates services for Aboriginal and/or Torres Strait Islander peoples only

phn
CENTRAL AND
EASTERN SYDNEY

An Australian Government Initiative

Phone 1300 986 991 | cesphn.com.au

STEPPED CARE APPROACH

Stepped care is an evidence-based approach comprising of supports based on the individual's choice and need. These range from health information, to face to face services, and care coordination.

STEPPED CARE MODEL

