

# MumMoodBooster

Clinician Portal Available NOW  
START REFERRING PATIENTS

Australia's new effective evidence-based treatment for postnatal depression

Have you screened or identified a patient with a new baby who is struggling to cope, feeling flat, sad or depressed?

This internet CBT treatment program may help.

MumMoodBooster is **FREE** and features:

- Six interactive sessions accessed from home
- Optional weekly phone coach (for those at higher risk)
- Access to lots of online information

To register for a Clinician Portal account please visit:  
[mumspace.com.au/clinician-portal](https://mumspace.com.au/clinician-portal)

# Clinician Portal Features:

## ✓ Rapid Secure Access

*One-time registration to receive a referral code, giving you access to your patient's progress*

## ✓ Risk Alerts

*Patients are sent alerts when their symptoms escalate, providing them with prompts to contact their health professional or GP. You also get a copy of the alert.*

## ✓ Summary Reports

*Access a summary of your patients' results at week 1, 4, and 8, upon completion.*

## MumMoodBooster

*You will have access to your patients' results on the following baseline screening assessments*

### **The Edinburgh Postnatal Depression Scale –**

*whilst you may have already screened a patient, MumMoodBooster offers an additional EPDS screening assessment*

### **PHQ-9**

*Patient Health Questionnaire*

### **DSM-5**

*Cross-sectional symptom measure*

Developed by:



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