

MODELS OF CARE



Public Care:

It is important that pregnant women are receiving their first hospital appointment within the optimal period of 12-14 weeks gestation.

Please arrange this appointment ASAP, either by booking online or by phone, depending on the specific hospital for delivery.

RPA Women and Babies	Complete on-line booking form
Canterbury Hospital	ph. 9787 0250 or ph. 9787 0560

There are several models of antenatal care and delivery available for women during their pregnancy. These include the following:

GP Antenatal Shared Care (ANSC)

- Pregnancy care is shared between a general practitioner (if recognised with the GP ANSC program) and the Midwife Antenatal Care Clinic or Birth Centre (RPA only). This model of care is offered to women considered to be healthy and with a low risk pregnancy. If complications arise, the GP will consult or refer with the staff at the specific hospital's Maternity Unit.
- The ANSC GP is not involved with the labour or birth but may provide a post-natal check-up for both mother and baby.
- Offered at both RPA Women and Babies and Canterbury Hospital.

Midwife Antenatal Care Clinic (MAC) or Midwives Clinic:

- Hospital-based antenatal care, education and advice provided by the same midwife throughout the pregnancy. The patient will only see a hospital doctor if a medical review is required.
- The delivery suite midwives provide care for the patient in labour.
- Offered at both RPA Women and Babies and Canterbury Hospital

Birth Centre:

- Midwifery-led care for low- to medium-risk patients who want minimal intervention with their labour and birth. Midwives support the woman during their labour, the birth of the baby and the immediate post-natal period in a safe, homelike natural childbirth.
- Offered at RPA Women and Babies only. Can be offered with GP ANSC model

Midwifery Group Practice (MGP):

- For low- to- medium-risk patients, where care is solely provided by a nominated midwife who will provide all antenatal clinic visits, care during labour and post birth care.
- Eligibility depends on the patient's health history and the midwife's availability at the time of booking.
- The woman and her family have the opportunity to meet all of the midwives through the pregnancy.
- Limited availability.
- Offered at both RPA Women and Babies and Canterbury Hospital. Patients are encouraged to contact this service directly: RPA - 9515-8864 ; Canterbury - 0467-721-622

Canterbury Antenatal & Postnatal Service (CAPS):

- For low- to- medium risk patients. Women and families can have a known midwife for the duration of their pregnancy and early parenting journey.
- CAPS midwives provide all antenatal care, in collaboration with the medical team (as required). These appointments are conducted in the women's home or at the local Child and Family Centre.
- Care during labour and birth is provided by Canterbury Hospital Birthing Unit. Women are supported to return home when suitable after the birth of their baby.
- CAPS midwife provides the family's postnatal needs at home for up to 14 days.
- Limited availability. Expansion planned for 2021
- Women can contact CAPS midwives directly who will arrange booking in appointments Karen Dawson ph. 0439 622 167 and Mel De Ferranti ph. 0439 379 255

High Risk or Antenatal Doctor Clinics:

Women who have some degree of complexity affecting their pregnancy may be referred to a high risk or antenatal doctors' clinic for review and ongoing monitoring. These clinics can provide a higher intensity of monitoring and expertise for women and their babies. Referral will be based on assessment of risk factors.

Private Care:

All appointments and check-ups are completed by a chosen private obstetrician. Contact [private obstetrician](#) directly for further information.