# GP Antenatal Shared Care Protocol Summary

**Birth Centre – RPA Women and Babies**

### ANSC GP role
- ANSC GP responsible for care prior to Birth Centre (BC) visit
- Any investigations requested by the GP for the woman under his/her care must be followed up by the GP concerned
- It is the responsibility of the provider ordering the test or noting an abnormal finding to ensure appropriate follow-up and communication, irrespective of whether a copy is sent to the hospital
- Schedule GP visits around Birth Centre appointments and timely review of results
- Document visits in antenatal record card (yellow card)

### Referrals
- ALL women should contact Birth Centre ASAP once pregnancy is confirmed
- ‘Booking in’ appointment should be attended ~ 12- 14 weeks gestation
- Women with risk factors or significant complications require early referral for specialist consult

### Timing | Investigations and actions | Discussion and considerations
--- | --- | ---
**6-10 weeks**

**Confirm pregnancy**
- Confirm pregnancy (β-hCG) and dates (scan if dates uncertain or risk of ectopic)
- Review medical, surgical, psychosocial factors, family history, previous pregnancies outcomes; medications, allergies etc.
- Complete examination including B/P, weight, calculate BMI, cardiac, respiratory, abdomen, thyroid, breast exam and identify any risk factors
- Offer seasonal influenza vaccination

**Tests**
- Routine antenatal screening blood tests
  - FBC, blood group, antibody screen,
  - HepB sAg, anti-HCV, anti-HIV, syphilis serology, rubella, varicella
  - Thalassaemia screening, include HbEPG – screen partner if result abnormal
- MSU – MC & S
- HVS PCR or first stream urine PCR for chlamydia (women aged < 29 years or with new partner)
- Cervical screening (if due)
- Arrange early testing for hyperglycaemia in pregnancy if **identified at risk** (as per guidelines)
- Discuss and offer prenatal screening (optional)
  - 10 weeks – Non- Invasive Prenatal Testing (NIPT) - first trimester ultrasound still recommended
  - 11-13 **4** weeks - Combined First Trimester Screening (cFTS): nuchal translucency and biochemistry

**Administration**
- Refer woman to Birth Centre for ‘booking in’ appointment. Optimally ~12- 14 weeks gestation ph. 9515 6405
- Document visit in antenatal record card (yellow card)
- Complete request forms:
  - Combined First Trimester Screening (cFTS): ultrasound + blood test; 18-20 week morphology scan

### ASAP | First Birth Centre Information Session | Overview of Birth Centre model of care
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**12-14 weeks**

**Birth Centre Booking In appointment**
- Review history and complete administrative details
- Clinical assessment and review test results
- Complete psychosocial assessment– referral if required

**Tests**
- Blood group and antibody screen
- Arrange early testing for hyperglycaemia in pregnancy for **identified at risk** patients (if not already attended)

### 18-20 weeks | Attend morphology scan | Models of antenatal care including timing and content of antenatal visits
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**Timing**

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### 20-22 weeks

**Birth Centre Visit**
- VMO visit as appropriate

**Review**
- Review morphology scan and test results – assess model of care

### 24-28 weeks (4 weekly visits)

**Routine antenatal visit**
Monitor maternal and fetal well-being including maternal weight, B/P, fundal height measurement, fetal movements* and fetal heart sounds (from 20 weeks +)

**Tests**
- 26-29 weeks: Arrange testing for hyperglycaemia in pregnancy - 75gm oPGTT (as per guidelines)
- FBC and antibodies
- 28 weeks: Recommend pertussis vaccination
- Offer seasonal influenza vaccination (if not already given)
- Complete ultrasound referral form: - 3rd trimester ultrasound (36-37 weeks)

**Seek advice and/or refer for specialist consult if any abnormalities or concerns**

**Discuss**
- Fetal movements and who to contact if any concerns
- Encourage attendance at parent education and breastfeeding classes
- Discuss pertussis vaccination for household contacts

### 30 weeks

**Birth Centre review**
Monitor maternal and fetal well-being including maternal weight, B/P, fundal height, fetal movements* and fetal heart sounds

- Review results of all investigations
- Prophylactic Anti-D injection for Rh negative women

**Labour management, birth plans**

**Antenatal and pelvic floor exercises**

### 32 weeks

**Routine antenatal visit**
Monitor maternal and fetal well-being including maternal weight, B/P, fundal height, fetal movements* and fetal heart sounds

**Seek advice and/or refer for specialist consult if any abnormalities or concerns**

### 34 weeks

**Birth Centre Review**
Monitor maternal and fetal well-being including maternal weight, B/P, fundal height, fetal movements* and fetal heart sounds

### 36 weeks

**Second Birth Centre Information Session**

**Signs of labour and when to contact hospital**

### 36 weeks

**Birth Centre review**
Monitor maternal and fetal well-being including maternal weight, B/P, fundal height, fetal movements* and fetal heart sounds

- Review results of all investigations

**Tests**
- Repeat FBC
- 35-37 weeks: Group B streptococcus (GBS) screen

**36-37 weeks**

- Attend 3rd trimester ultrasound

**Post -dates management plan**

### From 37 weeks

**Weekly visits with Birth Centre**
Monitor maternal and fetal well-being including maternal weight, B/P, fundal height, fetal movements* and fetal heart sounds

- Prophylactic Anti-D injection for Rh negative women

**Community support services**
- e.g. Child & Family Health

**Consider support networks**
- Infant feeding and settling, safe sleeping
- Childhood Immunisation schedule family immunisation e.g. pertussis

**Discuss contraception**

### Postnatal

**Routine postnatal visit**
- Attend baby health check (2 & 6 weeks)
- Attend maternal health check (6 weeks)
- Complete psychosocial assessment and screening – arrange referral if required
- Cervical screen (if due)
- Arrange 75gm oFGTT ~3-4 months post-partum for women diagnosed with GDM

**Key Contacts**

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<thead>
<tr>
<th>SLHD GP Liaison Midwife</th>
<th>ph. 0425 230 662</th>
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<tbody>
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<td>RPA Women and Babies</td>
<td>ph. 9515 6111</td>
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<tr>
<td>Canterbury Hospital</td>
<td>Ph. 9787 0000</td>
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